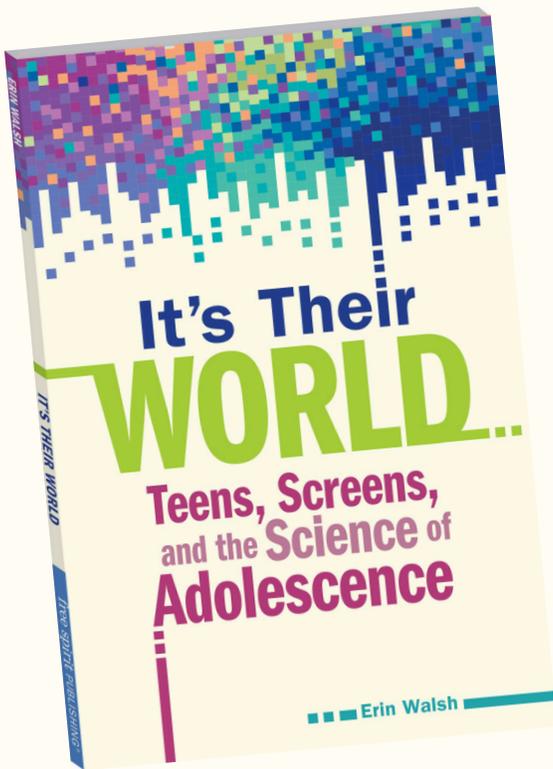


Calling all caregivers!

# BOOK READ

Let's read

*"It's Their World" together*



We'll explore:

- The teen brain and how it shapes online risks and resilience
- What teens need from adults as their digital worlds expand
- Practical strategies without the screen time shame

**DATE**

**TIME**

**LOCATION**

RESEARCH-BASED

Partnership  
MINDSET

Practical Parenting  
STRATEGIES